
Foundations of Successful Career Planning and Development

TWO GRADUATE CREDITS OVER TWO SEMESTERS

Course Description

The course provides foundational training in career planning and professional development. Key skills that graduate students and postdocs build are:

- increasing your capacity for self-directed career development
- fostering life-long career management habits
- maximizing your scholarly training success
- shaping positive career outcomes

Students will engage in experiential learning, small-group discussions, and peer mentoring. These different approaches enable individually relevant and self-constructed understandings of career development, consistent with expectations of independence in scholarly activities. Areas for discussion include: Self-assessments, exploration of different career options, how to set goals, career adaptability, and other topics identified by students.

Format

This course spans a **consecutive Fall and Spring term**, and students **must attend for the entire academic year** for a total of two course credits.

Class meets for two hours over lunch every other week. Brown bag lunch encouraged. Two class sections offered so that you may select the one most convenient for your schedule. You will remain in the selected section for both semesters.

Switching classes not possible due to class size limitations.

Tuesdays 11 am - 1 pm TBD MSMPHL3340-1040 (23109)

Wednesdays 12 pm - 2 pm TBD MSMPHL3340-1140 (23110)

Required fees: MBTI assessment and book \$25

Eligibility

[All Schools and Programs Welcome](#)

Postdoctoral Scholars and Associates: Permission number required, Postdoc tuition benefits apply

Graduate students (Masters and Doctoral): Permission number required

*Contact Steve Wendell for permission number (wend0017@pitt.edu)

Please discuss with your department/program and mentor before registering.

Inquiries

Course Director: Steve Wendell(wend0017@pitt.edu)

Additional Information: www.dpcd.pitt.edu/career-development-course



Uncover
your authentic
career vision.

Ownership. Awareness. Planning. Action.

Empowering trainees to self-manage their careers and progress.