## All Genders Working Better Together for Impact





### Suspended Disbelief

#### Your Own Story

Conflict with someone at work due to your gender identification

Where either didn't know how to deal with - avoided, or

Dealt with, but didn't feel heard



Approach All Genders Working Better Together from a Conflict Resolution Lens

#### What is Conflict?

The frustration of a goal.

The gap between "what is" and "how you want things to be"

### Your Brain on Conflict: How are we

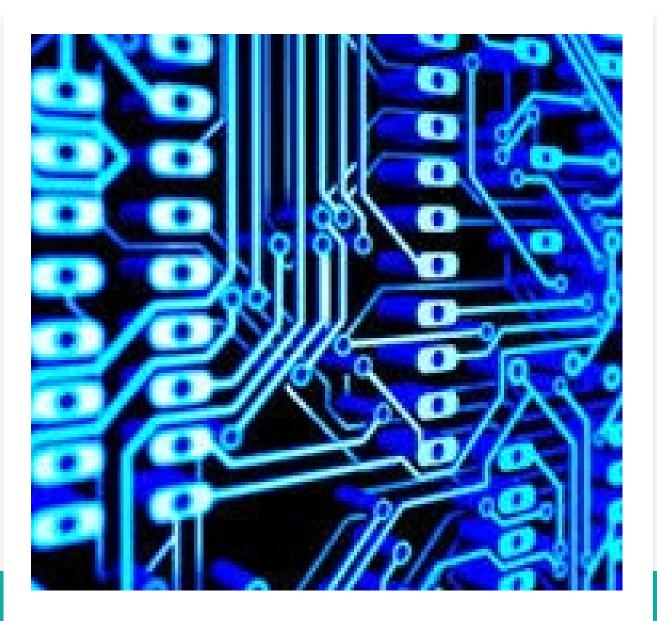
How are we hardwired for Conflict?





### The Future of NeuroScience will be emotionless

Joseph Le Doux

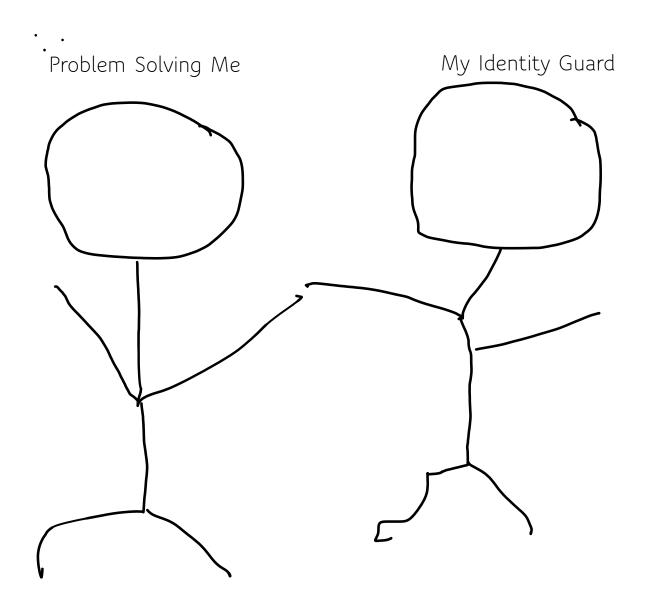


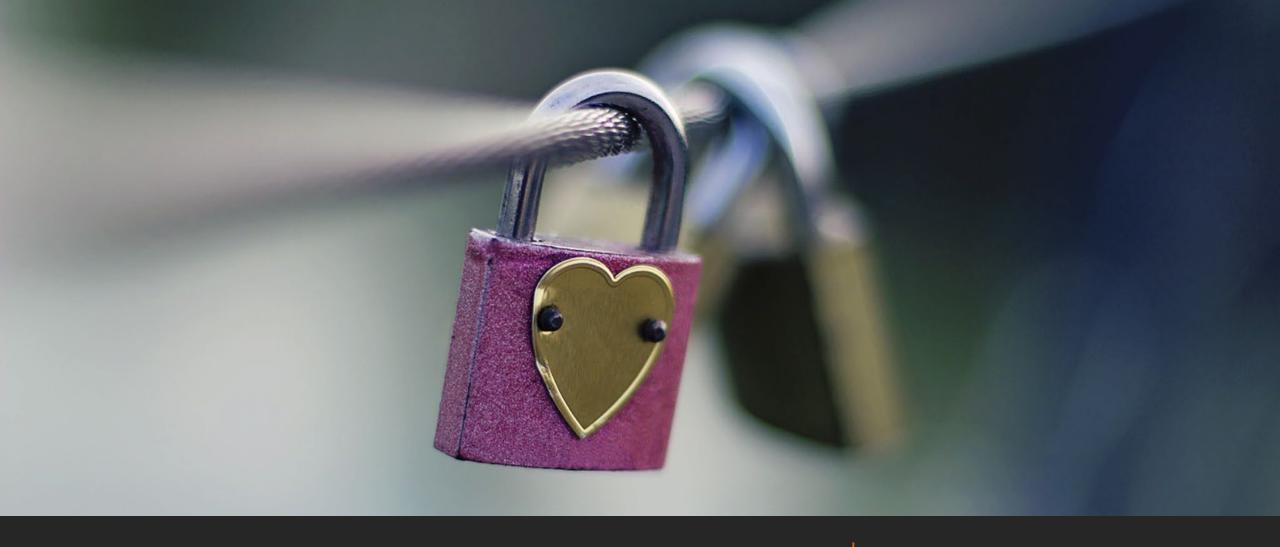
#### **Survival Circuits**

Circuit responsible for protecting your physical body also alerted when your

"identity"

is threatened.





Struggle Against Each Other to Protect our Identities

DRAMA

Identity
Guard will
only sit down
if it feels
respected.

Everyone's Identity is Safe. Time for Respectful Listening

Integrative Problem Solving

### Our Brain Works in Stories

## We all are the Hero in Our Own Story



### No One Learns in Shame

### Conflict Happens in One of Three Places

Within Us

Between Two People

Systemically

# Approaches to Diversity and Inclusion in the Workplace





### Disturbing Realization

MANY CURRENT APPROACHES TO DIVERSITY AND INCLUSION IGNORE BASIC TRUTHS ABOUT HOW WE ARE HARDWIRED FOR CONFLICT



"We are addressing race and gender issues as if they are a problem between two people instead of treating it as a systemic problem that we are all a victim of."

### Dismantle Old Strucutures



### Neurological Shift

From

Victim Stance - "You did something to me!"

to

Active Agent - "How can we work together to dismantle this structure"

### THE OLD STRUCTURE AND ITS IDEOLOGY IS THE ENEMY

NOT EACH OTHER

### New Approach in Action

"I think that idea supports the old structure of a male dominant workplace"

"I think that activity proliferates the old structure where only men had social time with leadership."

# Added Benefit – We become aware of how the ideology of the old system has penetrated us.



# Ideas for Shifting to New Approach



Create an Expectation for EVERYONE to identify places where old system is being proliferated.

Transparent discussion and commitment within Team to work on dismantling old structures





### What we do

Learn more about who we are and the issues we work on

We want to change the way we humans relate to nature and to each other. We'll dismantle the broken systems and global power structures that have failed us.



Are you addressing the conflict in the right place? (Both externally AND internally)



Are you Trying to dismantle the system? or



Are You attacking the person?





### Interpreters

# Establish Relationships

FOSTER YOUR CURIOSITY AND FIND INTERPRETERS
FOSTER YOUR EMPATHY & GRACE AND BE AN INTERPRETER





## Safe Space for Dialogue



#### Table Talk -

Ways Dismantling Old Structures Could be Applied in Your Teams:

Creating Expectation of Feedback

Checking In With Yourself About Approach (Attacking System Together vs. Attacking Each Other)

Conversations that Attack Old Structures and Not Each Other

Proximity/ Relationships / Interpreters

Using Data

Processes to Amplify All Voices

Safe Space for Dialogue

Grace

