**University of Pittsburgh Schools of the Health Sciences**

**Annual Postdoctoral Progress Self-Assessment Form**

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| NAME: | Last, First |
| SCHOOL:  | Choose School | DEPARTMENT: | Enter department name |
| DATE OF APPOINTMENT: | Click here to enter a date. | EMPLOYMENT CLASSIFICATION:  | Choose One. |
| YEAR: | Choose a year, or type here for other. | DATE: | Click here to enter a date. |

**1. Research Activities**

 A. Studies, Investigations and/or Projects

 List all research activities with level of participation and progress

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| --- |
| Click here to enter text. |

1. New Technical Skills

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| Click here to enter text. |

1. Grant Applications/Fellowships/Collaborations/Patents/Honors/Awards

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| Click here to enter text. |

**Self-Ranking for Research Activities:\*** **[ ]  Exceeded Goals** [ ]  **Met Goals** [ ]  **Needs Improvement**

*\* Identify any assets contributing to your progress or obstacles that may have prevented you from achieving additional progress:*

|  |
| --- |
| Click here to enter text. |

**2. Publication Activities**

 NOTE:Abstracts and poster presentations should be recorded under Presentation Experience

1. Refereed Articles/Peer Reviewed

Published or in press (list complete citation)

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| Click here to enter text. |

1. Review/Chapters/Abstracts

Published or in press (list complete citation)

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| Click here to enter text. |

C. Other Publications/Honors/Awards

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| Click here to enter text. |

**Self-Ranking for Publication Activities:\* [ ]  Exceeded Goals** [ ]  **Met Goals** [ ]  **Needs Improvement**

*\* Identify any assets contributing to your progress or obstacles that may have prevented you from achieving additional progress:*

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| Click here to enter text. |

**3. Presentation Opportunities**

A. University of Pittsburgh

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| Click here to enter text. |

B. National Meetings and Other Honors/Awards

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| Click here to enter text. |

C. Journal Clubs

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| Click here to enter text. |

**Self-Ranking for Presentation Opportunities:\* [ ]  Exceeded Goals** [ ]  **Met Goals** [ ]  **Needs Improvement**

*\* Identify any assets contributing to your progress or obstacles that may have prevented you from achieving additional progress:*

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| Click here to enter text. |

**4. General Transferrable Professional Development**

1. Seminars/Workshops/Retreats/Courses

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| Click here to enter text. |

 B. Responsible Conduct of Research Plan

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| Click here to enter text. |

C. Networking

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| Click here to enter text. |

 D. Professional Memberships

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| Click here to enter text. |

 E. Student Advising, Mentoring or other Service

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| Click here to enter text. |

1. Mentoring Plan (list 3 mentors, specify frequency of meetings, and notes)

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| --- | --- | --- | --- |
|  | **Mentor’s Name** | **Department** | **Email** |
| 1. | Click here to enter text. | Click here to enter text. | Click here to enter text. |
| Notes: | Click here to enter text. |
|  |
| 2. | Click here to enter text. | Click here to enter text. | Click here to enter text. |
| Notes: | Click here to enter text. |
|  |
| 3. | Click here to enter text. | Click here to enter text. | Click here to enter text. |
| Notes: | Click here to enter text. |

**Self-Ranking for Professional Development:\* [ ]  Exceeded Goals** [ ]  **Met Goals** [ ]  **Needs Improvement**

*\* Identify any assets contributing to your progress or obstacles that may have prevented you from achieving additional progress:*

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| Click here to enter text. |

**5. Career Specific Professional Development**

*Identify any additional experiences specifically contributing to Career Development Plan*

1. Specify: Click here to enter text.

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| Click here to enter text. |

B. Specify: Click here to enter text.

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| Click here to enter text. |

C. Specify: Click here to enter text.

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| Click here to enter text. |

**Self-Ranking for Career Specific Criteria:\* [ ]  Exceeded Goals** [ ]  **Met Goals** [ ]  **Needs Improvement**

*\* Identify any assets contributing to your progress or obstacles that may have prevented you from achieving additional progress:*

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| Click here to enter text. |

**6. Research Independence Plan (if applicable)**

*Identify any additional experiences specifically contributing to Research Independence Plan*

1. Specify: Click here to enter text.

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| Click here to enter text. |

B. Specify: Click here to enter text.

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| Click here to enter text. |

C. Specify: Click here to enter text.

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| Click here to enter text. |

**Self-Ranking for Research Independence Criteria:\* [ ]  Exceeded Goals** [ ]  **Met Goals** [ ]  **Needs Improvement**

*\* Identify any assets contributing to your progress or obstacles that may have prevented you from achieving additional progress:*

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| Click here to enter text. |

**Overall Self-Ranking: [ ]  Exceeded Goals** [ ]  **Met Goals** [ ]  **Needs Improvement**

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| Click here to enter text. |