Foundations of Successful Career Planning and Development

Two graduate credits over two semesters

**Course Description:**

The goal of the fall and spring consecutive courses is to enhance the career development capacity of graduate students and postdocs, foster the life-long career management habits, maximize their scholarly training success and positive career outcomes. The courses will provide foundational background through experiential learning, small-group discussions, and peer mentoring. These approaches support the self-construction of individually relevant understandings of career development that is consistent with similar independence in scholarly activities. The areas of focus include self-assessments, career exploration, goal setting, professional development, career planning and management, career adaptability, and additional topics identified by students. **Participation in the subsequent spring course is mandatory for those enrolled in the fall prerequisite course.**

*Nature* cited the University of Pittsburgh for being among the first universities to offer a credit-bearing, graduate-level career development course. (Initially listed under a different course name), *Nature* 489, 593; 2012

**Format:**

Fall and spring semesters – One graduate credit per semester for a total of two credits
Class meets for two hours over lunch every other week. Brown bag lunch encouraged.

Three class options offered so that you may select the one most convenient for your schedule. Classes meet every other week starting August 26-28, 2014

<table>
<thead>
<tr>
<th>Days</th>
<th>Time</th>
<th>Location</th>
<th>CRN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesdays</td>
<td>11-1</td>
<td>501 Salk Hall</td>
<td>MSMPHL3340-1040 (29807)</td>
</tr>
<tr>
<td>Wednesdays</td>
<td>12-2</td>
<td>1395 BST</td>
<td>MSMPHL3340-1040 (29808)</td>
</tr>
<tr>
<td>Thursdays</td>
<td>12-2</td>
<td>TBD, hopefully close to WPU</td>
<td>MSMPHL3340-1040 (29806)</td>
</tr>
</tbody>
</table>

**Eligibility:** – All Schools and Programs Welcome

Graduate student in Doctoral program
Graduate student in Master’s Program needs a permission number
- Email Steve Wendell (wend0017@pitt.edu) from Pitt email address for permission number
Postdoctoral Scholars and Associates – Email (wend0017@pitt.edu) from Pitt email address
- Tuition benefit may include minimal cost such as fees

*Please discuss with your department/program and mentor before registering.*

**Inquiries:**

Course Director: Steve Wendell (wend0017@pitt.edu) please use your pitt.edu email address.

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Unique Graduate Career Planning & Development Course Opportunity

Uncover Your Authentic Career Vision

- Ownership
- Awareness
- Planning
- Action

Empowering trainees to self-manage their career exploration and progress

http://www.oacd.health.pitt.edu/news-events/career-course